

# Guardian Angels Parish

A welcoming community of faith sharing the light & truth of the gospel of Christ.

OFFICE HOURS: Monday to Thursday 9am to 12:30pm; 1:30pm to 4:30pm CLOSED on Weekends and Statutory Holidays



1161 Broughton Street, Vancouver BC V6G 2B3

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Email: parish.ga@rcav.org; Website: guardianangelsvancouver.ca

Pastor: Rev. John Alex Pinto, OCD

In Residence/SPH Chaplain: Rev. Victor Fernandes, OCD

Parish Bookkeeper & Admin. Assistant: Leah B.

## February 18, 2024 : First Sunday of Lent

### Stewardship Reflection

In today's Gospel, Jesus urges his listeners to do two things: to believe in the Good News and to repent. Stewards are called to repent, to be humble enough to open their hearts so they may begin anew, to change existing attitudes and habits, and to act with faith in the Gospel. In this season of Lent, now is the time to ask ourselves whether or not we truly believe in the Gospel; and if we do, to what extent are we willing to change our prevailing habits and be more faithful to the Gospel?

Source: catholicstewardship.com

### PARISH ANNOUNCEMENTS

#### Mass Intentions

Day		Intention	
Sat	Feb 17	4pm	+Lolita Bagaipo+
Sun	Feb 18	9am	For the Parishioners
		11am	+Wade Jourdain+
		12:30pm	+Domingo Esteban+
Mon	Feb 19	8am	+Catherine Varga+
Tues	Feb 20	7pm	+Margaret Stepler+
Wed	Feb 21	8am	+Michael Harnetty+
Thurs	Feb 22	8am	Alerome Botor & Family
Fri	Feb 23	8am	+Lorenzo & Amparo P. Tuells+
		6:15pm	+Bernie Petite+

**Feb 22:** Feast– Chair of *St. Peter*, Apostle

**Obituary:** ☠ **Bernie Petite**, a long time volunteer of our parish, passed away on January 30. The parish will hold a Memorial Service on Friday, Feb 23, at 6:15pm in his memory. The service is offered in thanksgiving for Bernie's dedicated service to the Church. Please pray for the repose of his soul. Thank you and rest in peace, Bernie.

### Message from the Pastor

Dear Parishioners,

On this First Sunday of Lent we are reminded of our baptism and our existential situation of temptation. Let us know that baptismal grace can sustain these snares of the devil.

During the Season of Lent, I would like you to go through Online Carmelite Retreat. It is free, short and spiritually uplifting, giving us insights into Sunday readings.

Please join on Fridays, during Lent, for Statins of the Cross and fellowship that will follow.

Mr. Bernie Petite, who volunteered as Santa Claus for parish annual children's party and had done a lot of service to our parish, has passed away on January 30. In thanksgiving for his dedicated service, we will be holding a service in his memory. Please see parish announcement for details.

I would also like to thank Fr. Victor Fernandes and Fr. Vincent D'Souza for their service during my holidays.

Wishing you all a prayerful and blessed Lent!

Prayers and blessings,

**Fr. John Alex Pinto OCD**

Pastor

### Stations of the Cross (on Fridays during Lent at 7pm)

Be strengthened in times of suffering and feel God's vast love through the praying of the Stations of the Cross. Come and join the members our faith community every Friday during Lent at 7pm. Fellowship follows at the rectory basement.

### Lenten Recollection with Fr. Mario Fernandes OCD

When: Saturday, March 16, 2023

Where: Guardian Angels Parish

8:30 to 9 am - Holy Rosary Prayer

9 am to 12:30pm - Holy Mass, Talks, Benediction and Confession

### SACRAMENTS

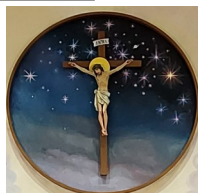
**Confessions:** Tuesday, 6:30pm to 6:50pm;

Saturday, 3:00pm to 3:45pm;

or by Appointment

**For other Sacraments:**

Please contact the Parish Office



### MASS TIME

**Weekdays:** Monday, 8am; Tuesday, 7pm;

Wednesday to Friday, 8am;

First Friday Devotion, 6pm Adoration; 7pm Mass

**Sunday Masses:** Saturday, 4pm (Anticipated)

Sunday, 9am, 11am 12:30pm

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## Reading Reflection From One of our Own

**"You are dust and to dust you shall return." --- (by: Agustin G.)**

This Liturgical sign, performed by the Church on Ash Wednesday, represent the summary of our Christian life. It is expressed in the tracing with ashes of a cross on our foreheads, reminding us of our origin and our end in this life. When we receive the ashes, these words are said: "Remember that you are dust and to dust you shall return." This sign of the ashes is at the same time the sign of the victory that Jesus won for us over death, which we as Christians will receive through our faithfulness to Him. He won this resounding victory in His death and resurrection. The Gospel tells us that immediately after His Baptism, Jesus was led by the Spirit into the desert where He was tempted by the devil for 40 days (cf. Mk 1: 12-15) This event recalls us of the 40 years spent by the Israelites, wandering toward freedom in the desert, after their slavery in Egypt. In this season of Lenten, the Church remembers the significance of these events, setting aside 40 days to meditate about the battle that Jesus, quoting the Scriptures, won over Satan in the desert for us. Jesus resisted the temptations of Satan, even in His final hours on the cross. The Lenten season starts with the Ash Wednesday, when the Church calls us to a change of heart as a preparation to celebrate Easter, the highest point of our Christian life. We renew our commitment to the traditional practices of prayer, almsgiving and fasting, as part of our Christian life and are to be done in private as Jesus taught us in the Sermon of the Mount (cf. Mt 6: 1-18) Jesus warned His followers not to act for the sake of appearance when giving alms, praying and fasting, but to do them for God, who sees the heart and knows what is hidden. These Lenten observances are only the beginning and should continue the rest of our lives, following the example of Jesus in our resistance to the temptations of the devil. And we must know that we are led by the Holy Spirit in the Kingdom of God, who reminds us of the vows of our Baptism, in which we promised to reject sin and obediently embrace Jesus our savior.

## Carmelite Retreat Online

Prepare yourself for Easter together with the Discalced Carmelites from Feb 14 to March 31, 2024. Theme: "Through the Cross Toward the Light." To register, go to <http://www.retreat-online.karmel.at/>

## Donation Receipts for Income Tax Purposes

Donation Receipts have been mailed on Tuesday, February the 6th. Please check your mails for it. Also, save those stamps and donate back to Knight of Columbus stamps collection for their Vocation Fund.

## ARCHDIOCESAN NEWS

### Second Collection: St. Joseph's Society

This Sunday's second collection supports our retired priests who have dedicated their entire life to the Church. Generous support from the community ensures a comfortable living environment, quality medical care, and other essential services for our retired priests. You can make a tax-deductible donation to St. Joseph's Society in-person at the parish or online at [rcav.org/joseph](http://rcav.org/joseph).

### Pro-Life Mass and Prayer Vigil

Join us for a monthly Mass and vigil to pray for respect for all human life, from conception to its natural end. Hosted by the Archdiocese of Vancouver, in March it takes place on the first Saturday, March 2 at Guardian Angels Parish at 9:00 a.m. The Mass is followed by the rosary and other prayers. Refreshment will be served at the rectory basement.

### Pray for our seminarians this Lent

The Seminarian Prayer Calendar assigns each day of Lent to each of the young men in our Archdiocese who are preparing for the priesthood. Download the [calendar](#) and consider circulating in your parish.